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Why I use SEER Rockdust on my garden NUTRITION

Because it is there! It should never be considered as a waste product, like so much that we dump.

Depending on the source, rockdust is rich in various minerals – that is where it came from!

We gain our minerals – essential to health – from plants which break down inorganic matter from their growing medium – often with an intermediate step from fungi, algae and bacteria. Then we eat the vegetables and absorb the minerals in a bioavailable form.

Mixing the rockdust with compost and other organic materials makes sense as these give a more soil-like structure and provide the plant and animal life that break it down and mix it up.

I have used SEER Rockdust on my garden for five years and the fertility is increasing in my flower and vegetable garden and benefiting from increased soil depth too. The weeds love it! At present the spring bulbs are flowering madly and spreading amazingly. That rockdust will keep breaking down and releasing minerals for years – that's how nature does it!

We must find ways from government to individuals to put into the ground what we take out – the cycle of life. (Re)cycling is not a modern idea – we just lost it for a while, when industrialisation and marketing did not (does not) factor in the whole picture from production to destruction.

Recycle the rockdust, mix in the compost.

Dig for vivacity!

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